



The Redeemer Review

Proclaiming Christ into the 21st Century

Volume 9

September 2022



Dear Friends in Christ,

Welcome back! I hope your summer time was filled with good memories - I know some of you were able to travel to different places; some of you faithfully attended the summer services. But I pray and hope that all of you have had time to rest. And allow me few minutes to reflect on why it is important to rest in case you have not dedicated time for yourself yet.

As children of God who live in a body created by Him, we all need both physical and spiritual refreshment on a regular basis. I have a quote from Abraham Lincoln that says, "Give me six hours to chop down a tree and I will spend the first four sharpening the axe." I love this quote as it reminds me that if we continue to "chop wood" without taking time to sharpen the axe, you'll work hard, but will not be effective.

So take time to rest if you have not done so as you might not know but you might be overdue for a realignment. If so, assess your sleep, exercise and diet patterns. God designed our bodies to need all three of these in order to work at our best. Make them a priority and plan them into your schedule. When you do this, not only will you have more physical energy, but you'll think more clearly as well.

And let me emphasize, do not feel guilty, you're not being lazy or selfish by taking care for these, you are being wise and you are equipping yourself for effective ministry here at church. Remember Jesus' words to his disciples: "Come with me by yourselves to a quiet place and get some rest" (Mark 6:31). And that was Jesus!

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We have so many people whom we know that are experiencing soul fatigue. So, I want to encourage you to restô mentally. As a part of that I want to encourage you to do something: Identify one day in your calendar in the coming week to go screen-free for the entire day.

Yup, the entire day. No social media, texting, emails, internet, TV, Netflixí Why? Because physical rest without mental rest is not rest. Our brains are in overdrive and we have more digital stimuli coming at us than

ever before.

As a result we are mentally exhausted, and we simply cannot cope with our soul fatigue.

If so, assess your sleep, exercise and diet patterns.

Let me tell you this, if you find yourself less patient with the people you live with, that is a sure sign that you need to òcome away and rest.ö Impatience can come both from stress, overwork and lack of rest. If you find that you care less, it is a good time to care more for yourself. When you take care to do this, in turn you are a blessing to those you live with as well as the work we do at church. We serve better when we care for ourselves.

So, again, take time before we fully come back to our Fall season at church. Youøll be more refreshed, youøll have a more positive attitude, and work harder for the Lord. Youøll show up at church more energized, focused, and prepared than ever to take on whatever is thrown your way. We have a full agenda of activities happening this Fall at church and we need you to be ready to open ourselves up to the movement and ûow of Godø spirit to respond to his invitation.

On Monday, September 5: 10 am we will be participating together with all the United Methodist Churches in the Area, in the Septemberfest Labor Day Parade. This is in accordance to The National Call from our Bishops to recognize that racism is a sin and proclaim the value of each person as a unique child of God. I hope and pray that you will

Redeemer Review

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Our Redeemer's

United Methodist Church

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email: Call for email address

Website: www.orumc.org

Worship Services:

9:00 and 10:30 am

Pastor:

Rev. Shirley Pulgar Hughes

Christian Education and Youth

Ministries: Melissa Bland

**Financial Secretaries: Ellen Kobylewski
and Melinda Taylor**

Administrive Assistant:

Melissa Bland

Editor:

Jerry Mc Daniel

consider participating. We will be ordering t-shirts (\$10)

On September 22nd we will be hosting Race, America and the church, where we will Have Rev. Chebon Kernell, Director of UMC Native American Comprehensive Plan, share the work being done by the church in the Native American Communities. Tom serves as the Lead Pastor of Floris United Methodist Church in Herndon, Virginia, He is also the chair of the Board of Governors for Wesley Theological Seminary in Washington, D.C.His Stewardship Campaign series will invites us to explore what is required to sustain a vibrant life, what we need versus what we want, and what we can do to avoid being pulled into the orbit of materialism.

Finally, keep the day of the Lord as your Sabbath day. A time to rest and renew yourslef. Time away from our normal daily tasks is a gift from God. We should cherish it for its own sake, and for its opportunities for rest. Attending church with family and friends can help instill a certain holiness to the time of rest and renewal. Hearing the Word of God feeds our souls and bodies with His presence and relieve us from both physical and mental stress.

Keeping the day of rest holy includes worship and prayer and praise and rest from what is done on other days of the week. May we all seek such time and find our bodies and our souls restored

In His care and love,

Pastor Shirley

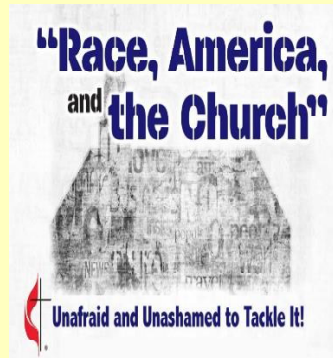
Details on the Sept 22 event on pages 4 and 5.



Do you or a Jr.High / HS student want to get involved? Reach out to Melissa for details and upcoming schedule.



Sunday School resumes September 11th! We meet every Sunday from 9:00 . 10:00 a.m. in Asbury Hall




**“Race, America,
and the Church”**

Unafraid and Unashamed to Tackle It!

A Speaker Series on the History,
Causes and Effects of Racism and the
Role of the Church in America

Journeying together to prayerfully learn,
engage, and tackle our personal and
corporate role in addressing racism.



UNDENIED: NO LONGER WILLING TO BE UNHEARD
THURSDAY, SEPT. 22, 2022, 12:00 - 1:30 PM

Speaker: Rev. Chebon Kernell, Executive Director of the UMC Native American Comprehensive Plan **Moderator:** Rev. Pamela Pirtle

IN-PERSON AND ONLINE

Our Redeemer® UMC
1600 W. Schaumburg Rd., Schaumburg, IL

MORE INFO AND REGISTER AT:

View recordings of 2 past speaker sessions in this 4 part series, register to attend or receive online viewing code and find more general information at:

<https://www.umcnic.org/2022SpeakerSeries>



Rev. Chebon Kernell is a member of the Seminole Nation of Oklahoma and of Muscogee Creek heritage. Rev. Kernell is the current Executive Director of The Native American Comprehensive Plan of The United Methodist Church and formerly served as Executive Secretary of

Native American and Indigenous Ministries for the UMC's General Board of Global Ministries. Rev. Kernell is an ordained Elder in the Oklahoma Indian Missionary Conference. He has worked with the World Council of Churches, the United Nations Permanent Forum on Indigenous Issues and the UMC's Council of Bishops assisting in a denominationally mandated effort to improve relationships with Indigenous communities through dialogue, study and local or regional acts of repentance acknowledging harms inflicted upon Indigenous communities.

In 2016 he was honored by receiving the ***Religious Literacy Award*** sponsored by the Westar Institute *for his tireless efforts to educate the general public, including not only mainstream American Christians but also native peoples themselves, about the 'deep and broad religious riches' of Indigenous peoples in the context of reconciliation work and the recovery of native practices.*

He received his Bachelor of Arts in Political Science from Oklahoma City University and a Master of Divinity from Phillips Theological Seminary. He is a cultural practitioner and member of the Helpe Ceremonial grounds. He is married to Sara and has five children Kaycee, Josiah, Raylen, and Solomon and niece Cali.



Rev. Pamela Pirtle is the Senior Director of Leadership Development and Accountability for the General Commission on the Status and Role of Women (GCSRW). She is the assistant pastor for St. Mark UMC Chicago. She serves on the Conference Committee on Finance Administration and is a former United Voices for Children board member. She is an Elder in the United Methodist Church and a graduate of Garrett-Evangelical Theological Seminary.



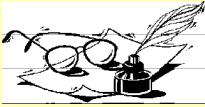
“Go, sit upon the lofty hill, And turn your eyes around, Where waving woods and waters wild do hymn an autumn sound. The summer sun is faint on them—The summer flowers depart— Sit still—as all transform’d to stone, Except your musing heart.” Elizabeth Barrett Browning, *The Autumn*.

Our Redeemer’s United Women of Faith has been busy these past few months. We made gifts for Father’s Day and also supported three funerals that were held at our church. On a fun note, a UWF group attended a performance of Sister Act at the Metropolis in Arlington Heights on July 30.

Mark your calendars for our upcoming **UWF Quarterly Meeting and Potluck on Tuesday, September 6 @ 6:30 p.m.** This event will be held in the Wesley Room. The evening will center on the theme: “Nehemiah Throws a Party.” Make sure that you bring a dish to share for the potluck dinner. Also, bring a party hat (any hat will do) or we’ll provide paper hat fixings at the sign-in table.

2022 List of UWF Events (add these dates to your calendars):

- **Tuesday, September 6 @ 6:30 p.m.** – UWF Quarterly Meeting and Potluck.
Program: “Nehemiah Throws a Party”
- **Tuesday, December 6 @ 6:30 p.m.** – UWF Holiday Meeting and Potluck.
Program: Holiday Happenings and White Elephant gift exchange



Personal Notes



Karen Moore announced her retirement as director of the bell choir. Carol and Glen Hollinsworth hosted a celebration including all the clangers on Aug 31. Lots of good food and hugs all around.

THANKS KAREN



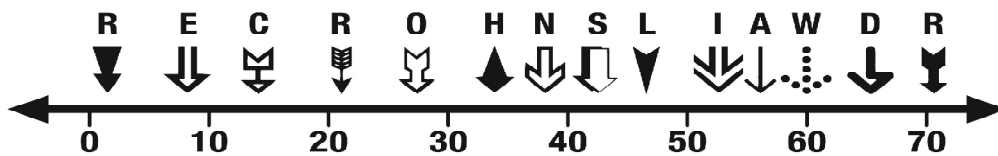




A Full Quiver

Our heavenly Father loves families and has a special purpose for each generation.

Directions: Use the key to match the number of each arrow with the correct letter.



Like _____
 56 21 71 28 60 42

in the hands of a warrior are

_____ _____ _____ _____ _____ _____ _____
 14 33 52 47 65 2 9 39

born in one's youth. Blessed is the man whose quiver is full of them.

PSALM 127:4-5, NIV

Answer: arrows, children

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Schaumburg, IL 60194-3900

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